





Trauma Informed Practice in the age of COVID-19 With Kati Taunt

No charge for primary partners

When: 28 July 2020 9:30am -12:30pm Where: Online Zoom Workshop

This workshop is designed to explore how an understanding of how trauma affects our service users and ourselves can be useful to us in this age of COVID-19, Lockdown and Social distancing.

We will review our understanding of how the presence of too much danger with not enough safety impacts the functioning of service users and we will consider how we manage the uncertainty of emerging from Lockdown, exploring what we know and what, as yet, we don't know.

The workshop will also consider the impact on us and service users of other current world events and the loss of felt safety.

The workshop will also focus on how trauma-informed practice can be resource for all of us in social care to provide a structure as we seek to engage with children, families and adults and deliver interventions that increase feelings of safety.

Book here: <u>Tickets - Eventbrite</u>







Attachment

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Kati is a registered social worker (Social Work England) and Cognitive Behavioural Therapist (BABCP). She is also a Systemic Practitioner, with training in Theraplay, Dyadic Developmental Psychotherapy, Eye Movement Desensitization and Reprocessing and is currently working towards licencing in Systems Centred Theory.

Kati has 25 years of experience working in residential childcare and specialist child and adolescent mental health services (CAMHS) as well as specialist provision for young people with complex trauma. Kati has also been the manager of a therapeutic team for young people with Post Traumatic Stress Disorder (PTSD) within a charity.

She is a licenced ARC (Attachment, Regulation and Competency) trainer, licenced by the Boston Trauma Centre, USA. Kati has been working to introduce trauma informed practice into schools, residential care, foster care, youth offending and adolescent psychiatric in patient services and CAMHS teams in locations throughout the UK. Kati is currently working with Hull and North Humber NHS Trust, Hertfordshire County Council, Camden, Westminster, Royal Borough of Kensington and Chelsea and independent fostering organisations in Coventry, Luton and London.





