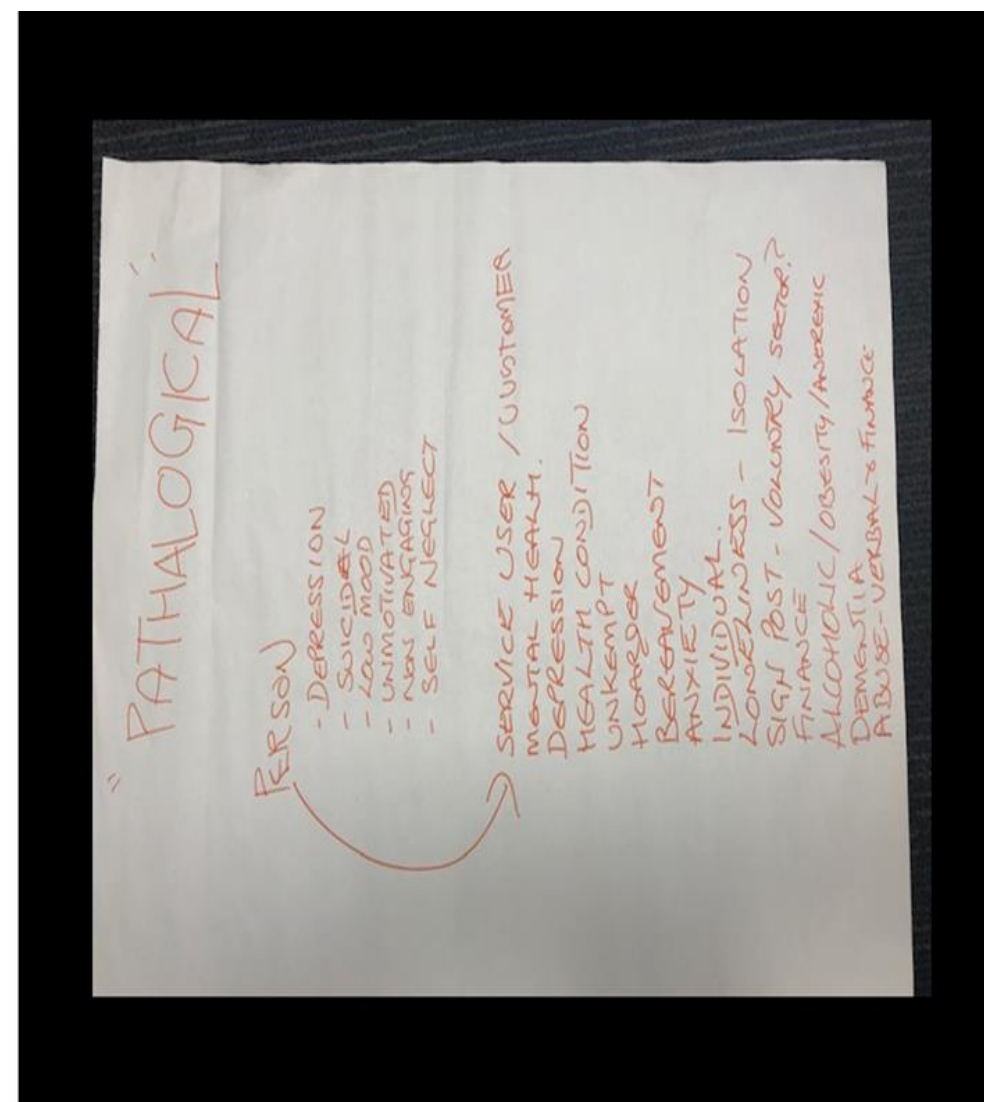
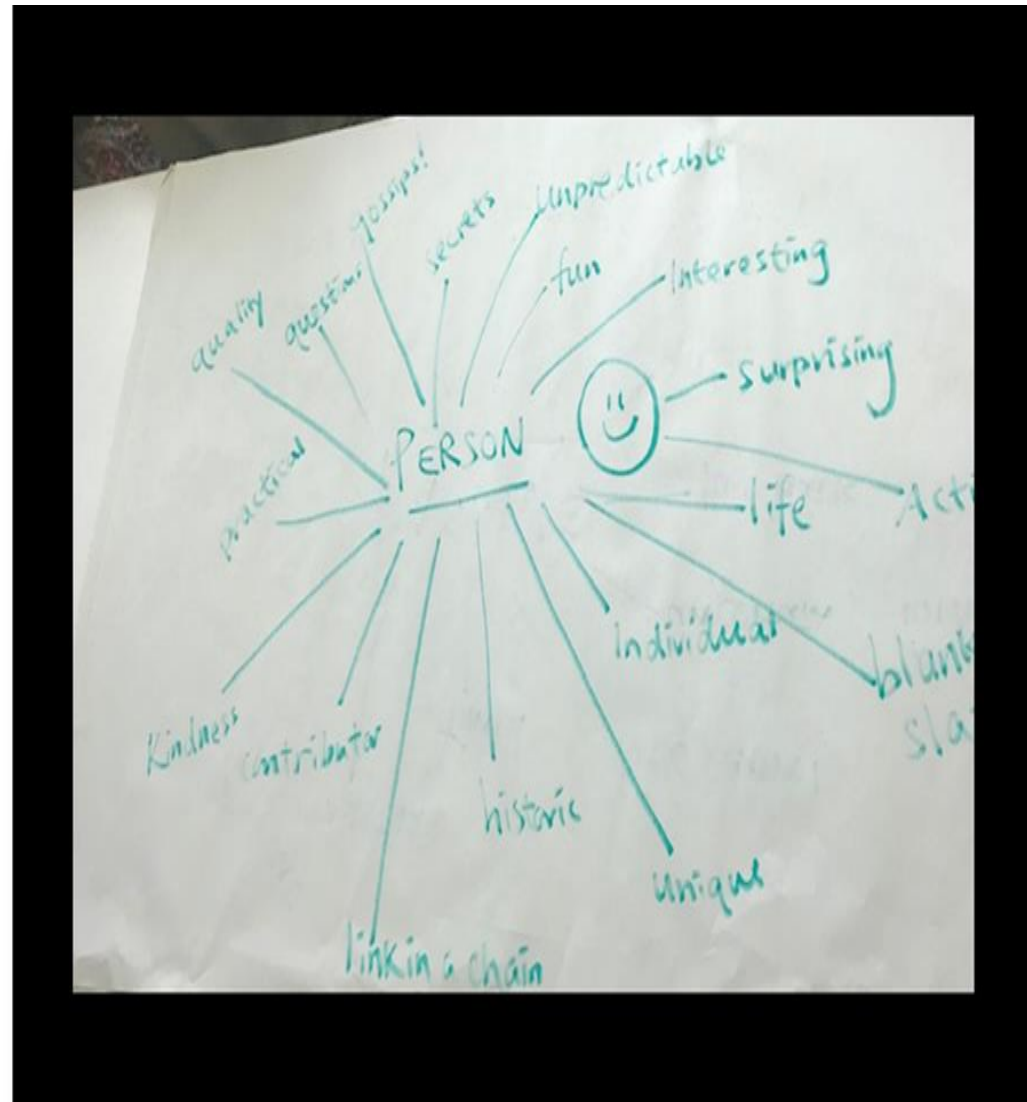
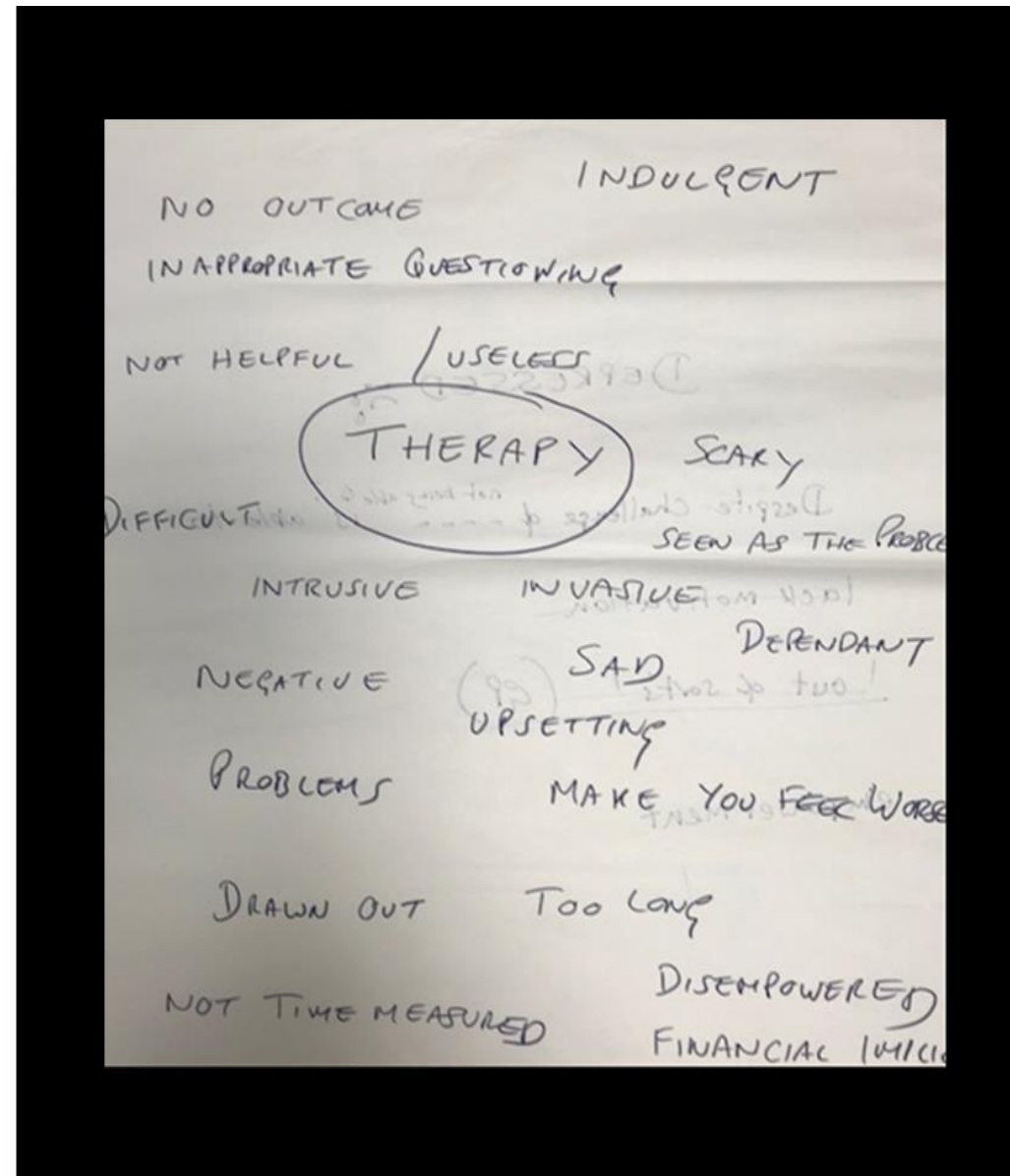
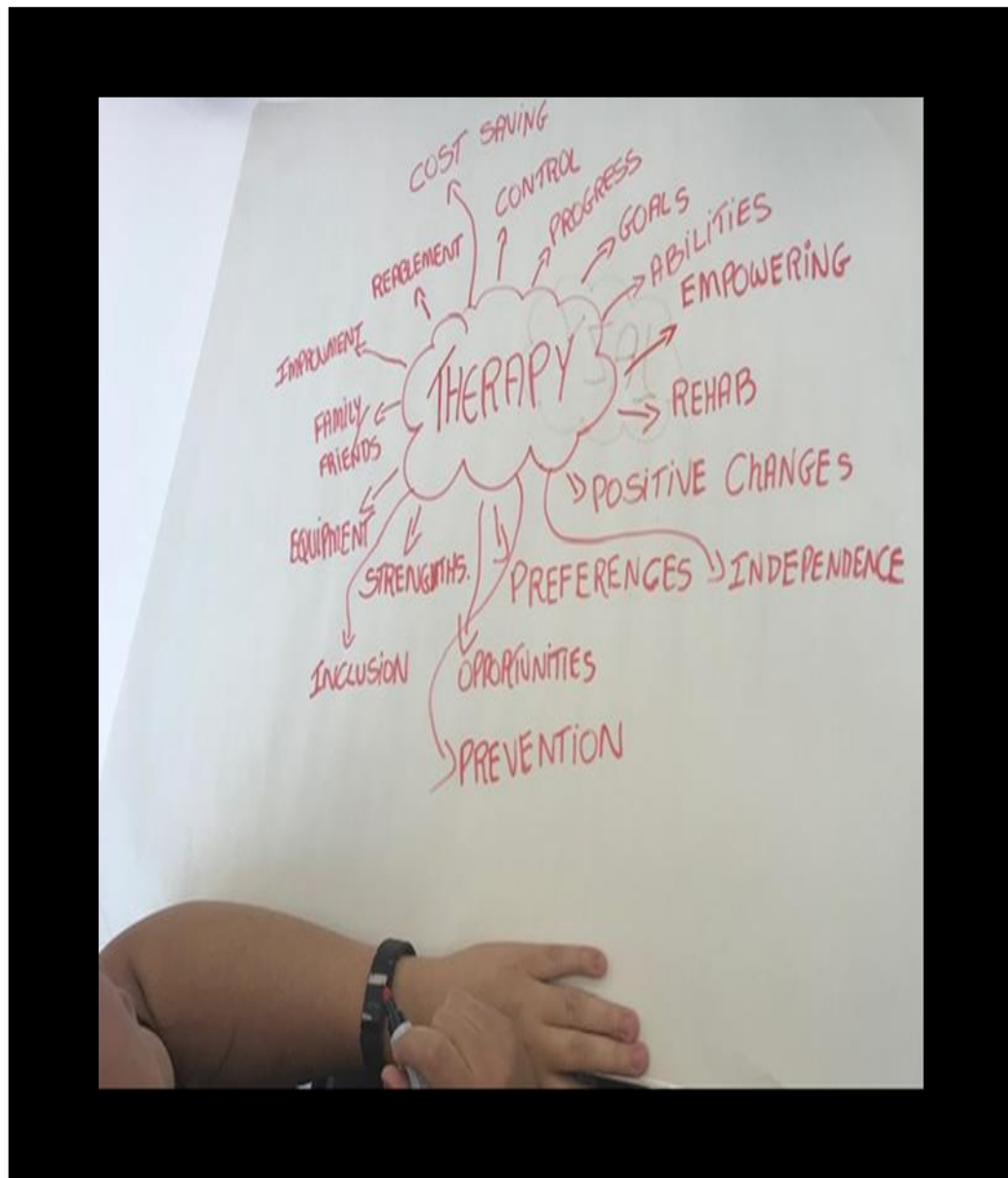


Strengths-based approach workshop:

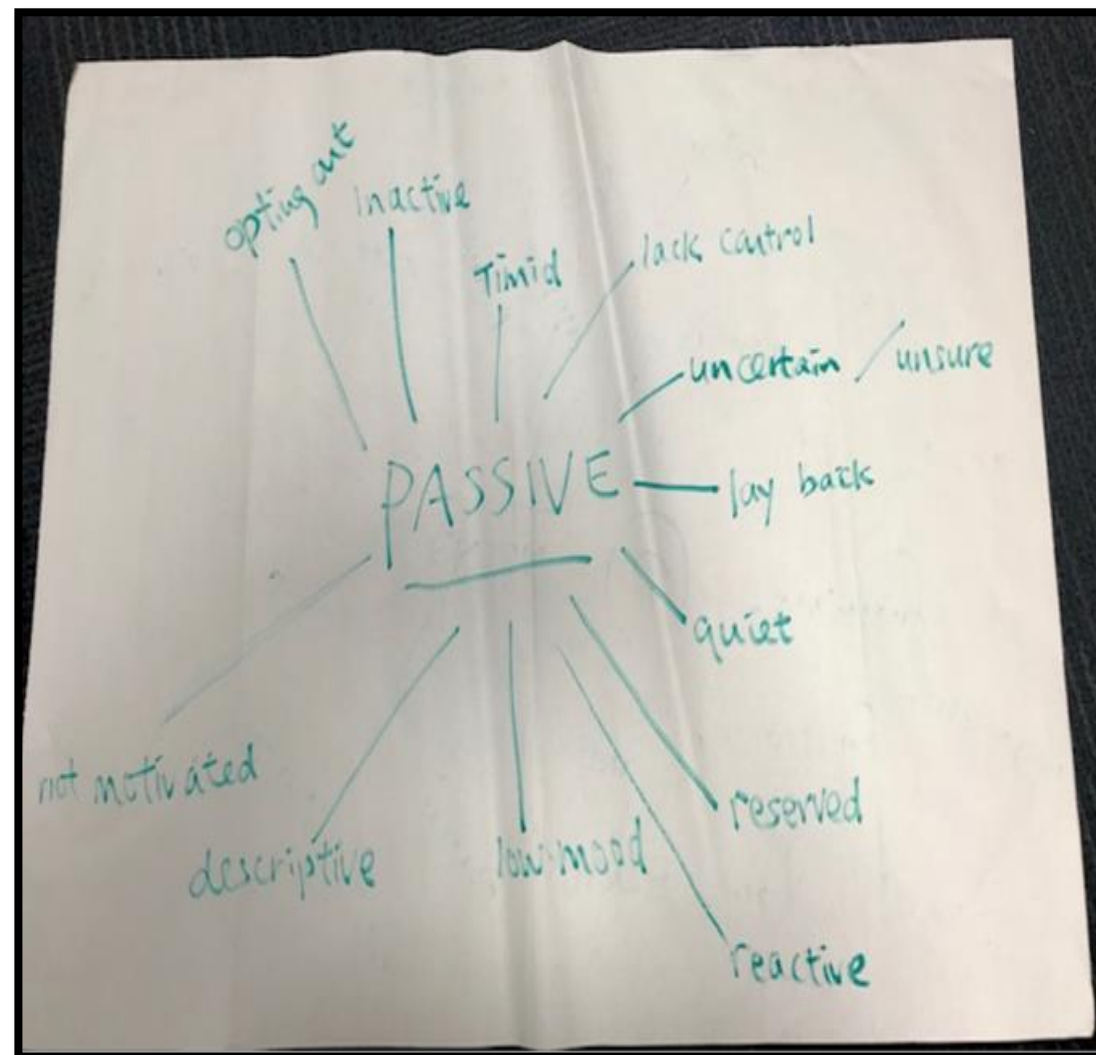
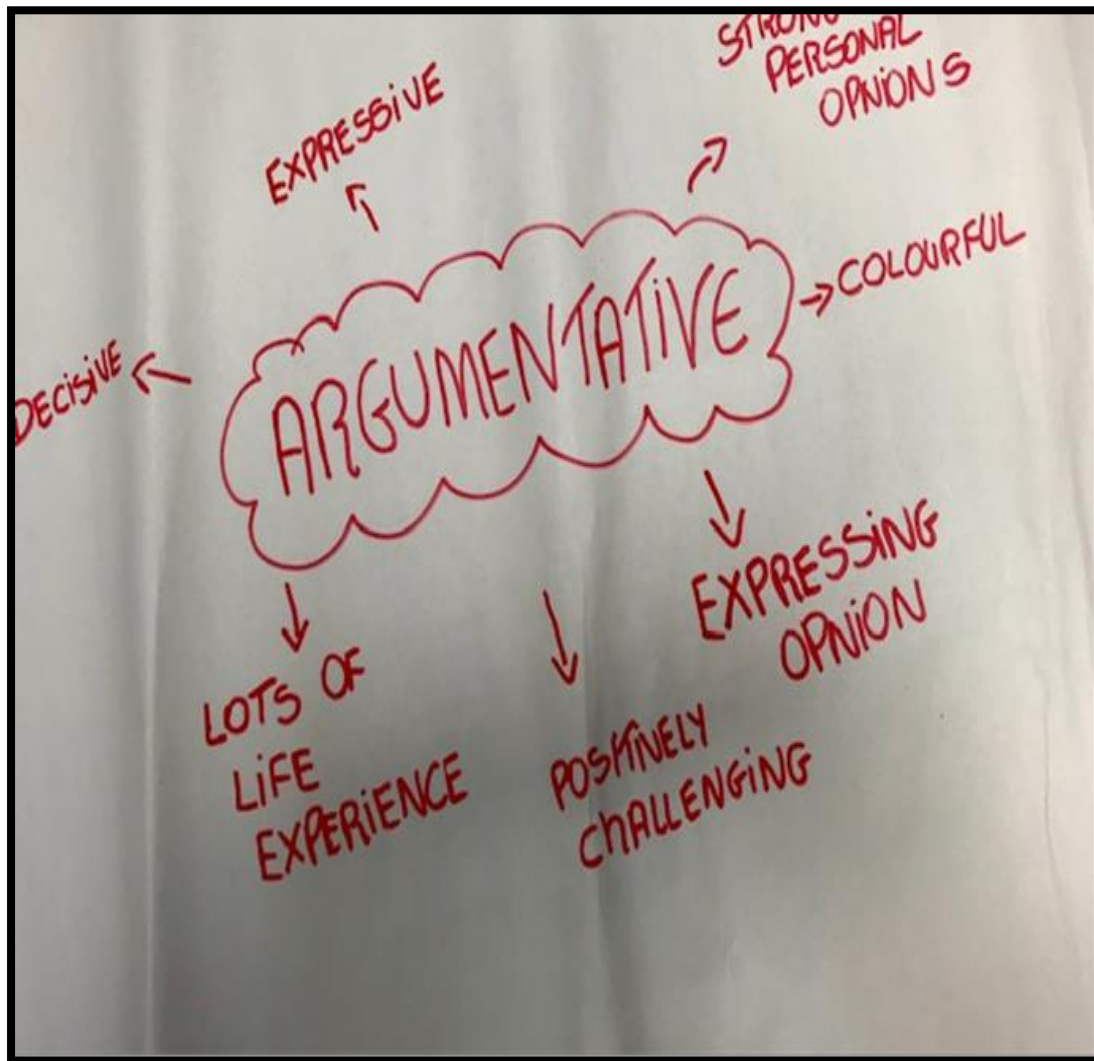
Consider what is hidden behind the word PERSON, looking at it through strength perspective lens and much darker, 'pathological' lens:



We also looked at the word THERAPY, considering it in the same way. One group was metaphorically wearing 'rose tinted strength based glasses' and the other one 'very dark, pathological lens glasses':



We further challenged ourselves in considering somewhat negative language we use in our practice, we made links to use of medical model and explored basis for formulation of strengths based language in response to frequent use of jargon and labels which in turn promote stigma:



What learning/or thinking from today are you going to take away and apply to your practice tomorrow?

