



DEVELOPING TOGETHER

SOCIAL WORK TEACHING PARTNERSHIP

Cake model - Siobhan Maclean

Exercise - Please use this model to reflect on an intervention/incident

Preparation

- What ingredients have you got?
- What recipe are you using?
- How are you feeling about making the cake?

Making the cake

- Did you follow the recipe?
- Did you add any spice?
- Did you make a mess?
- If so, how did you tidy it up?

Digesting the cake

- Did you burn your fingers?
- Did you share the cake?
- Did it sink or did it rise?
- What did it taste like?
- If you had changed the ingredients would it have tasted the same?
- Did you cater for all tastes?

What was the “icing on the cake”?



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