

Continuing Professional Development Offer June 2020 - March 2021

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# Contents



Content	Page number
Introduction	3
Continuing Professional Development (CPD)	4
About CPD Passport	5
CPD Passport	6-13
About the Teaching Partnership Provision	14
Teaching Partnership Provision: Practice Education	15-16
Teaching Partnership Provision: ASYE Assessor	17-18
Teaching Partnership Provision: General	19-22
Kingston University Offer	23

#### Introduction



The provision of high quality social work services relies upon a highly skilled, well-trained, supported and motivated workforce. All practitioners in our region should have the opportunity to grow, develop and progress throughout their career. The Teaching Partnership aspires to provide and invest in enhanced continuing professional development (CPD) opportunities for practitioners and managers within South West London and Surrey, equipping them to deliver outstanding social work practice.

This brochure includes a range of upcoming CPD opportunities, either delivered by the Teaching Partnership or by its partner agencies, for those across the region. If you have questions about any of the information contained herein, or any suggestions as to the provision being offered, please contact the Teaching Partnership Team at <a href="mailto:admin@developingtogetherswtp.org.uk">admin@developingtogetherswtp.org.uk</a>

It is also recommended to regularly visit the Events page on the Teaching Partnership website:



@DevelopT\_SWTP

You can also follow us on Twitter to keep up to date with the latest goings on:

#### Continuing Professional Development



- Continuing professional development (CPD) for social workers is regulated by Social Work England
  (SWE), which sets the standards needed for continued registration;
- All those within the Teaching Partnership will be supported to continue to develop their skills and improve their practice through learning and development opportunities, within their own agencies and beyond;
- Learning can and does take place in a variety of ways and in different circumstances so the Professional Capabilities Framework (PCF) and Knowledge & Skills Statement (KSS) act as a framework to inform CPD requirements for individual Social Workers;
- Staff will be supported by their managers to take professional responsibility for developing their skills to a high professional standard.

#### About CPD Passport



- Continuing Professional Development (CPD) training opportunities are provided through your organisation's Learning & Development programme, which will be enhanced by the ability to access CPD training across the Partnership via our 'CPD Passport' scheme;
- If you've ever found yourself not able to access training due to courses in your organisation being fully booked, or not being compatible with your diary, or you just want to experience a different learning environment with colleagues outside your organisation, then this scheme is for you;
- If you are interested in a particular session, please first discuss with your line manager / local
  workforce development team before following the instructions for booking (the booking process
  may differ by agency);
- You will receive a CPD certificate of attendance which will contribute to your overall professional development hours and can be uploaded onto your Social Work England account as evidence of CPD

#### CPD Passport: All



Course title	Description	Date	Time	Venue	Booking
Managing the Pressures of a Busy Work Life	<ul> <li>Describe and recognise signs of stress.</li> <li>Explain Cognitive Behavioural Therapy (CBT).</li> <li>Explain and utilise mindfulness.</li> <li>Demonstrate an increased understanding of what support is available to support practitioner wellbeing.</li> <li>Create a personalised wellbeing plan.</li> <li>Suitable for Children &amp; Family and Adult &amp; Mental Health practitioners.</li> </ul>	17.6.20	9:30-12	Pre-recorded	Email: claire.grayson@achieving forchildren.org.uk

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Course title	Description	Date	Time	Venue	Booking
Preparing Written Evidence	<ul> <li>Confidently approach writing court statements</li> <li>Avoid common errors within statements</li> <li>Include well balanced analysis of permanence options in statements</li> <li>Use well researched evidence in statements</li> </ul>	18.6.20	10-1	Google Meets	Email: claire.grayson@achieving forchildren.org.uk





Course title	Description	Date	Time	Venue	Booking
Child Sexual Exploitation	The Teaching Partnership has arranged for a webinar on Child Sexual Exploitation to be delivered by our partner NSPCC. These sessions will be facilitated by Anna Holland, Consultant Social Worker, and are open to practitioners working for primary partner agencies and students studying any social work programme at Kingston University.  This webinar will be an opportunity to consider our work with young people impacted by Child Sexual Exploitation, including the legal and policy context, disruption and direct work, strategies and conversations with children, young people and their families.  Facilitator: Anna Holland	18.6.20	10-12	MS Teams	Book online here



Course title	Description	Date	Time	Venue	Booking
Self Harm & Suicide Awareness in Children & Young People	<ul> <li>Be able to describe what self-harm is and some of the reasons why young people may self-harm.</li> <li>Demonstrate more confidence in discussing self-harm with young people and their carers.</li> <li>Show an increased understanding of what interventions are appropriate for self-harm from both universal, targeted and specialist services.</li> <li>Be able to give examples of what services and resources are available locally to support young people who self-harm.</li> </ul>	19.6.20	10-11	Google Meets	Email: claire.grayson @achievingfor children.org.uk
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Course title	Description	Date	Time	Venue	Booking
Therapeutic Life Story Work	<ul> <li>Describe Intervention Skills</li> <li>Give examples of strong Interview Techniques.</li> <li>Identify new approaches in Assessment and Planning.</li> <li>Demonstrate Direct Work with Children Techniques and be more confident.</li> <li>Describe the importance of Listening Skills.</li> <li>Explain the concept of Magical Thinking</li> </ul>	22.6.20	9:30-4:30	Google Meets	Email: claire.grayson@achievingf orchildren.org.uk



Course title	Description	Date	Time	Venue	Booking
Understanding Harmful Sexual Behaviours (HSB) displayed by Children and Young People	<ul> <li>Demonstrate an understanding of how to recognise and respond HSBs,</li> <li>Explain the key backgrounds and characteristics of young people displaying HSBs,</li> <li>Show the opportunity to apply effective assessment models,</li> <li>Describe what constitutes effective treatment/therapy and safety planning</li> </ul>	24.6.20	9:30-12:30	Google Meets	Email: claire.grayson@achieving forchildren.org.uk

#### CPD Passport: All



Course title	Description	Date	Time	Venue	Booking
Cultural Perspectives on FGM - Why it happens and what we can do to help end it	<ul> <li>Define the 4 types of FGM, the short and long term consequences of FGM and the legal context.</li> <li>Gain an understanding of how culture impacts on an individual.</li> <li>Analyse the disparity between individual belief and cultural pressures.</li> <li>Describe the issues around assessing risk where children are potentially needing to be safeguarded.</li> <li>Explain why FGM continues and how communities are moving towards ending the practice.</li> <li>Suitable for Children &amp; Family and Adult &amp; Mental Health practitioners.</li> </ul>	25.6.20	10-1	Google Meets	Email: claire.grayson@achieving forchildren.org.uk

12

## CPD Passport: All



Course title	Description	Date	Time	Venue	Booking
Therapeutic Approaches to reduce harmful effects on Children & Young People of exposure to Domestic Violence & Abuse	<ul> <li>A seminar with Dr Arnon Bentovim and Carla Thomas.</li> <li>Some of the learning outcomes:         <ul> <li>Increase your knowledge on the current definitions of DVA and appreciate the range of controlling and coercive behaviours - psychological, physical, sexual and financial</li> <li>Understand the contexts that are associated with higher rates of DVA – e.g. culture, immigration status, disability, social exclusion, honour killing</li> <li>Appreciate the way high levels of Adverse Childhood Experiences can be associated with later mental ill health, problematic alcohol and drug use, interpersonal or self-directed violence, which are characteristic of abusive partners</li> </ul> </li> <li>Further learning outcomes can be found on the event page here.</li> <li>Suitable for Children &amp; Family and Adult &amp; Mental Health practitioners.</li> </ul>	15.9.20	10-1	Zoom	Email: childrenstraining @sutton.gov.uk
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- Continuing Professional Development (CPD) training opportunities are also provided by the
  Teaching Partnership through a series of training sessions, workshops and conference style events
  often run in partnership with one of our partner agencies;
- Unless stated otherwise, all sessions are free of charge for practitioners within primary partner agencies. Practice Education sessions are also free of charge for those within secondary partner agencies and independent Practice Educators/Assessors who work with Kingston University students in the agencies;
- If you are interested in a particular session, please first discuss with your line manager / local workforce development team before following the instructions for booking;
- If a session is fully booked, you are encouraged to join the waiting list as spaces often become available when people's plans change. Also, the more popular an event is, the more likely we are to repeat the event or have another session on a similar topic;
- You will receive a CPD certificate of attendance which will contribute to your overall professional development hours and can be uploaded onto your Social Work England account as evidence of CPD.



#### **Practice Education Workshops 2020-21**



The Teaching Partnership is continuing to deliver a series of workshops to support Practice Educators working in Partnership agencies and independent Practice Educators who work with Kingston University students. These workshops will also be relevant for OnSite Supervisors who are welcome to attend. The sessions will be delivered by the Partnership's Practice Consultants - Sarah Cave and Josie Newton.

June 18th 2 - 4pm Individual Difference (online Google Meet)	October 13th 2 PE Supervision Skills *NEV	4pm N*	<b>January 28th</b> Promoting Learning u	2 - 4pm sing Direct Work Tools
June 23rd 2 - 4pm Struggling Placements (online Google Meet)	October 29th 1 Assessing & Evidencing	<b>0am - 12pm</b> Values & Ethics	February 10th Struggling Placement	<b>2 - 4pm</b>
July 9th 2 - 4pm Individual Difference (online MS Teams)	November 11th Report Writing *NEW*	- 4pm	February 23rd PE Supervision Skills *N	10am - 12pm EW*
July 14th 10am - 12pm Struggling Placements (online MS Teams)	November 26th 1 Supervision Skills to Enak	<b>0 - 11:30am</b> ble Reflection	March 9th Report Writing *NEW*	10am - 12pm
August 26th 2 - 4pm Becoming Placement Ready (online platform TBC)	December 10th Developing Skills to Ena	- <b>3:30pm</b> ble Analysis	March 25th Assessing & Evidencin	<b>10am - 12pm</b> g Values & Ethics

Please click on the event to be directed to Eventbrite to book your place. Venues will be confirmed once delegate numbers and locations are known.

Most sessions can be delivered virtually if needed.

10am - 12pm

January 19th

Individual Difference

September 24th

10am - 12pm

Promotina Learnina usina Direct Work Tools



#### **ASYE Assessor Workshops 2020-21**



The Teaching Partnership is delivering a series of workshops to support ASYE Assessors working in primary Partnership agencies. These workshops will be relevant for anyone who has a role in assessing Newly Qualified Social Workers during their Assessed and Supported Year in Employment. The sessions will be delivered by the Partnership's Practice Consultants, Sarah Cave and Josie Newton, and Social Work Lead, Sue Lansley. All sessions have 2 date options to choose from. Please only book on to 1 date option for each.

8 Sept 2020 10-12 OR 22 Sept 2020 2-4

Roles and Responsibilities of Assessor - Assessment of ASYE and the Professional Supervisory Relationship

6 Oct 2020 10-12 OR 20 Oct 2020 2-4

Individual Difference - Supporting individual difference - How adults learn and develop knowledge and skills

3 Nov 2020 10-12 OR <u>17 Nov 2020 2-4</u>

Direct Observation - Supporting development through direct observation feedback

<u>1 Dec 2020 10-12</u> OR <u>15 Dec 2020 2-4</u>

Reflective Supervision - Developing NQSWs' reflective Skills

<u>12 Jan 2021 10-12</u> OR <u>26 Jan 2021 2-4</u>

**ADULT SOCIAL CARE** Report Writing - Completing holistic, analytical ASYE assessment reports

<u>19 Jan 2021 2-4</u> OR <u>27 Jan 2021 10-12</u>

**CHILDREN & FAMILIES** Report Writing - Completing holistic, analytical ASYE assessment reports

<u>2 Feb 2021 10-12</u> OR <u>16 Feb 2021 2-4</u>

Wellbeing and Resilience - Supporting wellbeing and developing resilient Social Workers

<u>5 Nov 2020 10-12</u> OR <u>14 Jan 2021 2-4</u>

Session for ASYE moderators

Please click on the event date to be directed to Eventbrite to book your place. Venues will be confirmed once delegate numbers and locations are known, although it is likely that many will be delivered virtually.





Course title	Description	Date	Time	Venue	Booking
Trauma Responses in Lockdown with Karen Treisman	Session outline:  Given the current context around the uncertain and ever-changing pandemic, this session will focus on an exploration and reflection of some individual trauma and stress responses to the pandemic; as well as some of the wider societal and organisational responses.  There will be an opportunity to draw on some of what we know from the relational and developmental trauma field and apply it to the current context. There will be opportunities for break out rooms to reflect on some of the feelings we are having ourselves, we might be seeing in those around us, and in our direct work. We will also think about some of the collective loss which is occurring.  Worksheets which you might like to have to hand before the workshop are found here and here.	30.6.20	9:45-1	Zoom	Book online here

20



Course title	Description	Date	Time	Venue	Booking
Trauma Informed Practice Online Workshop with Kati Taunt	Session outline:  This half day training is designed to be an introduction to the growing body of writers, thinkers and practitioners who are increasingly conceptualising challenging behaviours in children and adults as being a consequence of early trauma and Adverse Childhood Experiences (ACEs).  The workshop will focus on understanding the impact of trauma on the developing brain using the work of Bessel van der Kolk, Dan Siegel, Stephen Porges, Dan Hughes, Bruce Perry and many others as we explore seeing children's behaviour as adaptive survival behaviours rather than defiant or oppositional.	15.7.20	9:30-12:30	Zoom	Book online here



#### Kingston University Offer



- Accredited post-qualifying courses are available through the Teaching Partnership's academic partner, Kingston University;
- If you are interested in a particular module or course, please first discuss with your line manager / local workforce development team;
- Sometimes there are sponsorship opportunities available through your agency, alternatively there is the option to self fund. Most modules and courses are discounted for staff in partner agencies;
- All details can be found online:

Kingston University social work post-qualifying courses



- For any questions about Kingston University's post-qualifying offer, please email <a href="mailto:pgsocialwork@sgul.kingston.ac.uk">pgsocialwork@sgul.kingston.ac.uk</a> or phone 020 8417 5498
- In additional to accredited courses, Kingston University's Department of Social Work and Social Care offers a series of evening seminars with guest speakers covering a broad range of topics, details will be released on their events page here.



# "The beautiful thing about learning is that nobody can take it away from you"

B.B. King