



DEVELOPING TOGETHER

SOCIAL WORK TEACHING PARTNERSHIP

Barriers Exercise

Purpose

To enable the student to explore and identify areas of oppression experienced by a particular client

Method

1. Select service user
2. Think of barriers which the service user is likely to experience in everyday life
3. Identify barriers which the student is likely to experience when working with the service user
4. Divide barriers into groups:
 - physical
 - attitudinal
 - structural
 - societal
5. Choose certain barriers and explore how they might be overcome
6. Consider changes over time

This exercise is adapted from the exercise 'Barriers Exercise' by Hoople.

See:

<https://www.hoopleltd.co.uk/media/1339/toolkit-for-assessing-social-work-students-in-practice.docx>