

Newsletter | Issue 17 | Date: 31.5.22

Welcome to May's newsletter,

April and May have continued to be a whirlwind for the TP team, with key meetings taking place to plan activities that will be taking place over the next year and multiple reports to summarise the activities of the previous year!

We have also had a team development day, which had a very positive impact on our own wellbeing and also looked at our development goals going forward!

The new CPD cycle has started, and already we are planning more events to add to the existing offer.

We hope you have a wonderful bank holiday weekend if you're lucky enough to have them off!

The TP Team

## **Contents**



Item	Page
CPD Offer 2022-23	3
Training for External Colleagues	4
Kingston University Good News Story	6
PQ Development Day	7
Trauma Informed Practice Project Update	8
Social Worker Wellbeing eLearning	9
Teaching Partnership Annual Progress Report 2021-22 & Annual Highlights Video	10
Visioning Day	11
Learning and Development Report 2021-22	12
Mental Health Awareness Week	13

Item	Page
Careers Fair	14
Continuous Improvement Funding	15
Sexuality and Social Work – Special Interest Group	16
Celebrating Black Voices	17
BLM Review and Programme	18
Practice Education Conference Update	19
Julie's 'The Banham Marsden March'	20
Discounted Festival for Social Workers	21
Research in Practice Resources	22
Thank you	23

#### CPD Offer 2022-23



If you work for one of our primary partner agencies, you should book via the links in the Teaching Partnership's annual CPD Brochure - your Workforce Development Team can provide you with a copy, or you can email us at <a href="mailto:admin@developingtogetherswtp.org.uk">admin@developingtogetherswtp.org.uk</a> for a copy directly, <a href="mailto:click here">click here</a> to sign up for CPD Updates going forward.





Continuing Professional Development Offer April 2022 - March 2023

Version 1: 30.3.2022









<sup>\*</sup>Primary partners are: Achieving for Children, Croydon Adults, Kingston Adults, Merton Children, Merton Adults, Sutton Adults, Sutton Children, Wandsworth Children, NSPCC, Welcare and Kingston University.

## Training for External Colleagues - PE/OSS Provision



Becoming Placement Ready	<u>6 October 2022, 2 - 4:30pm</u>		
Supervision Skills	19 October 2022, 9:30am - 12noon		
The Anti-Racist & Anti-Oppressive Practice Placement	3 November 2022, 9:30am - 12noon		
Individual Difference	16 November 2022, 2 - 4:30pm		
Supporting Students with the Development of Professionalism	<u>14 June 2022, 2 - 4:30pm</u>	OR	1 December 2022, 2 - 4:30pm
Report Writing	30 June 2022, 9:30am - 12noon	OR	10 January 2023, 9:30am - 12noon
Assessing Against the PCF & SWE Standards	6 July 2022, 9:30am - 12noon	OR	23 January 2023, 9:30am - 12noon
A Strengths Based Approach to Supporting Students' Development	13 July 2022, 2 - 4:30pm	OR	7 February 2023, 2 - 4:30pm
Supervision Skills to Enable Reflection and Analysis	15 Sept 2022, 9:30am - 12:30pm	OR	20 February 2023, 9:30am - 12:30pm
Promoting the Learning of Students using Direct Work Tools	21 Sept 2022, 2 - 4:30pm	OR	7 March 2023, 2 - 4:30pm

N.B. If you work for one of our primary partner agencies\* or are part of the Central Bedfordshire Teaching Partnership, please do **not** use these links to book, instead you should book via the links in the Teaching Partnership's annual CPD Brochure - your Workforce Development Team can provide you with a copy, or you can email us <a href="mailto:admin@developingtogetherswtp.org.uk">admin@developingtogetherswtp.org.uk</a>.

<sup>\*</sup>Primary partners are: Achieving for Children, Croydon Adults, Kingston Adults, Merton Children, Merton Adults, Sutton Adults, Sutton Children, Wandsworth Children, NSPCC, Welcare and Kingston University.

## Training for External Colleagues - General Provision



<u>Utilizing Attachment Theory in Supporting People of Lived Experience at All Life Stages - 16.6.22, 10am - 1pm, Kingston University, Kingston Hill Campus</u>

Self-Neglect Seminar - 16.6.22, 1:30 - 2:30pm, Zoom

Knowledge, Skills and Tools for ASYE Assessors - 20.6.22 AND 4.7.22, 10am - 4pm, Zoom

Menopause Awareness - 29.6.22, 12 noon - 1:30pm, Zoom

How to Critique Research and How to Choose Research to Inform Practice? - 22.6.22, 1:30 - 4:30pm, Zoom

Managing Complex Cases Within Your Team - 19.7.22, 9:30am - 4pm, Sutton Civic Centre

Enabling Reflective Practice - 28.9.22, 9:30am - 12noon, Zoom

Attachment Theory - Putting it into Practice - 3.10.22, 9:30am - 12:30pm, Zoom

Critical Analysis and Writing Analytical Assessments - 11.10.22, 1:30 - 4:30pm, Zoom

Child First: Offender Second - 12.10.22, 9:30am - 12:30pm, Twickenham Training Centre

Social Graces Workshop - 24.11.22, 9.30am - 12.30pm, Zoom

Managing Complex Cases Within Your Team - 9.2.23, 9:30am - 4pm, Twickenham Training Centre

N.B. If you work for one of our primary partner agencies\* or are part of the Central Bedfordshire Teaching Partnership, please do **not** use these links to book, instead you should book via the links in the Teaching Partnership's annual CPD Brochure - your Workforce Development Team can provide you with a copy, or you can email us <a href="mailto:admin@developingtogetherswtp.org.uk">admin@developingtogetherswtp.org.uk</a>.

<sup>\*</sup>Primary partners are: Achieving for Children, Croydon Adults, Kingston Adults, Merton Children, Merton Adults, Sutton Adults, Sutton Children, Wandsworth Children, NSPCC, Welcare and Kingston University.



#### **Good News Story!**



#### Yvalia Febrer, Course Leader for BA (Hons) Working With Children & Young People: Social Pedagogy shared this story:

Two Kingston University students, Sophie Jones and Chiola Sutherland, were Live on Sky News recently talking about Domestic Abuse and Housing issues following Sky News' recent investigation that found evidence of some local authorities breaking the law and not meeting the needs of victims. They both graduated last year, and now work at Cassandra Learning Centre, a charity for domestic abuse support.

The whole clip of the interview can be seen <u>here</u>.

Well done to Sophie and Chiola for speaking out on this issue!



## **PQ** Development Day



The Teaching Partnership and Kingston University hosted a day to discuss the development of post-qualifying (PQ) modules at Kingston University on 27 April 2022. This event brought together colleagues from partner agencies and the university to discuss existing modules and some possible new modules, as well as ways to improve the learning experience for students and ways to support colleagues to access these opportunities.

Further discussions on this topic were taken to the Strategic Board at the Visioning Day, and discussions on next steps for the university, the Teaching Partnership team and partner agencies are currently underway. It is hoped that new and existing modules will be better tied into CPD frameworks and career development, and that the university can work more closely with partners to keep them informed of the PQ offer and enable more progression opportunities.

#### Trauma Informed Practice Project Update



The Teaching Partnership continues to rollout Trauma Informed Practice Training Level 1 to every qualified social worker within each primary partner organisation. This training addresses the need for partnership organisations to become more trauma-informed and the workforce to become:

- More adept at recognising where people are affected by trauma and adversity;
- Better able to respond in ways that prevent further harm while supporting recovery;
- Capable of addressing inequalities and improving life chances.

The training will be held over 4 sessions covering topics such as: What is Trauma Informed Practice, How to Respond to Trauma, How Trauma Can Affect Staff and Tools to use in practice to understanding trauma responses.

Dates for the first few cohorts have already been released, with 13 cohorts taking place across the next 7 months. Further dates will be released at regular intervals throughout the year. Keep an eye out for the up to date flyers from your Workforce Development Leads!

## Social Worker Wellbeing eLearning



One of the elements of the Social Worker Wellbeing project was the development of a series of eLearning modules by SelfCare Psychology. This six week course is aimed at supporting Social Workers by raising awareness, smashing barriers and encouraging colleagues to think about themselves too. The Teaching Partnership will be particularly focusing on Newly Qualified Social Workers, and those in their second and third years of practice, to empower them and embed these skills at the beginning of their careers.

The content has now been developed, and the modules are due to be launched soon!

#### <u>Professional Self-Care: Who's Looking After Who in the Helping Professions</u>

Week 1: Why?

Week 2: What are the risks? Professional trauma and fatigue and why it matters.

Week 3: Where are you right now? What do your triggers look like and how can you build awareness.

Week 4: What stops us looking after ourselves better? How can we change this?

Week 5: Making meaningful change-small steps lead to big ripples

Week 6: Next steps



# Teaching Partnership Annual Progress Report 2021-22 & Annual Highlights Video



The Teaching Partnership is delighted to release our Annual Progress Report for 2021-22! To read the full report, please see <a href="here">here</a>. You can also find our key headline messages <a href="here">here</a>. Please also watch our Annual Highlights video below, to see what we have been up to!



## **Teaching Partnership Annual Visioning Day**



The Teaching Partnership hosted our Annual Visioning Day on 6th May, at Kingston University. This annual event is crucial in bringing together all Teaching Partnership Primary partners and confirming key priority areas for the year ahead. This was our first in person Visoning Day since before the Covid19 pandemic and it was brilliant to see lots of partner agencies in person, reflecting on individual and collective successes and challenges and identifying areas of work to help tackle these issues in the year ahead.



#### Learning and Development Report 2021-22



Here are some highlights from the Teaching Partnership's second Annual Learning and Development (L&D) report. Overall, 1382 bookings were made for the provision across the year, and the average attendance rate was 57.60%.

- The most popular courses throughout the year were:
  - The Liberty Protection Safeguards (the replacement scheme for the DoLS)
  - Self-Neglect Seminar
  - Social Work Conference: Think Family Attachment Throughout the Life Course
- Two further courses have been submitted and approved for accreditation with The CPD Standards Office (CPDSO), making four in total:
  - The 'Strengths Based Approach' programme
  - Knowledge and Skills for ASYE Assessors
- Evaluation feedback for the events has been very positive!
  - 100% rated the facilitators' knowledge as "Good"/"Excellent"
  - o 91.86% rated the sessions as "Extremely Helpful"/"Helpful"
  - 91.32% rated sessions as having "Fully met"/"Exceeded" expectations.
- The TP team were successful in bidding for Continuous Improvement Funding from the DfE for 4 projects: Coaching & Mentoring Research, Social Worker Wellbeing, Trauma Informed Organisations and Anti-Racist Practice Lead Post. Full details can be found in the Annual Progress Report

The TP team plans to continue working closely with partners to identify learning needs, encourage completion of evaluations, plan impact evaluations for CPD, identify barriers to attendance and tackle them, consolidate the training offer to ensure value for each session.

## Some quotes from colleagues who have attended our training!

"It is important to see the person and understand the reason behind the self neglect...be more mindful of [pa] person's circumstances and not be judgmental. this was a brilliant presentation" - Self-Neglect Seminar, 12/05/2021

"I shall be re-evaluating how I use my supervision sessions, encouraging my student to bring more to our sessions and to take more ownership not just on the work that they do but also in how they would wish their supervision to be conducted. To remember that this is a two way street and to be comfortable in bringing their needs to the table." - PE Workshop: Promoting Learning using Direct Work Tools, 29/03/2022

"It was a fantastic workshop, the trainers were incredibly knowledgeable and understanding. They gave people time and space to speak about their own experiences and emotions related to their work and cases." - Direct Work with Children - Therapeutic Approaches Training, 22/09/2021

#### Mental Health Awareness Week 9th -15th May 2022



Mental Health Awareness week took place between 10-16 May 2022, with this year's theme being loneliness. One in four adults will feel lonely some, or all of the time. Loneliness is extremely common and feeling lonely from time to time is a normal part of life and brief, fleeting feelings of loneliness that most of us have experienced aren't likely to harm our mental health. However, when loneliness is severe or lasts a long time, it can negatively affect our mental and physical health. The COVID-19 pandemic forced us all to confront loneliness, as social distancing restrictions and lockdowns meant that most of us were isolated from our usual support systems of friends, family and colleagues. Dealing with loneliness can be difficult but there are a whole host of resources and support systems available to help us tackle this and improve our mental health. Please see below for some useful resources from Mentalhealth.org.uk:

How to cope with loneliness and improve your mental health

A Student Guide to Loneliness

Loneliness: A Guide for Teachers & Education Staff

Please also see our dedicated <u>wellbeing hub</u> for more information on a variety of issues that you might need support with, and to access our signposting links and other helpful resources.



#### **Careers Fair**



The Teaching Partnership (TP) worked collaboratively with the BA and MSW course leaders at Kingston University to plan a Careers Fair that took place in April 2022. All but two of the primary partner local authorities sent representatives, who each had a stall and provided details of upcoming Newly Qualified Social Workers (NQSW) vacancies to students as well as information about working for their respective local authorities. They were encouraged to talk about their Continuing Professional Development (CPD) offers, as well as bring an NQSW representative to answer potential questions.

The TP had its own stall, promoting the benefits of working within our region for a primary partner agency and providing all final year students with a goody bag and an information pack to support their preparation for NQSW interviews.



## **Continuous Improvement Funding**



We are excited to share the news that the Department for Education (DfE) is inviting all Social Work Teaching Partnerships in the national network to make applications for funding for targeted short term improvement projects.

We can submit as many applications as we like, with the value of each application capped at £50,000. If you're working for an agency in our Partnership, we would love to get your ideas!

We have set up a Google Form and a Microsoft Form for you to submit your suggestions. You may want to do this as an individual, with a colleague, or with your team. You can send us as many completed submissions as you like.

CONTINUOUS IMPROVEMEN

If you work on Google, please use this form.

If you work on Microsoft, please use this one.

The deadline to submit your ideas to us is 5pm Friday 1st July.

## Sexuality and Social Work – Special Interest Group



The Sexuality & Social Work Special Interest Group is dedicated to raising awareness of, and disseminating knowledge on, best practice, evidence-based research and policies concerning gender and sexuality, sexuality identity and sexual health.

This group of social work (and associate) academics, with practitioner, student, service user and carer allies, aims to extend and strengthen the knowledge base by:

- Providing a friendly and safe forum for discussion and dissemination of ideas;
- Sharing and developing ideas for research and teaching activity;
- Supporting and sustaining each others' interests and endeavours;
- Contributing to and collaborating on research projects and publications.

The group is also committed to developing international collaborations in social work.

Please see here for further information and to join if you are interested.



## **Celebrating Black Voices**



Continuing the series of Celebrating Black Voices events, we particularly wanted to celebrate local voices for this event.

The afternoon featured presentations from Mana Gondolora from the Kingston People with Lived Experience (PLE) Group and Catherine Boakye, the founder of Mangotree Kids, creators of African drumming programmes, toys and learning resources.

Mana's presentation centred around redefining and finding identity through adversities, including her personal and professional experiences with being Black and in care. She emphasised the need for access to therapy, for forgiveness in order to overcome past experiences, and the importance of empowering others.

Catherine spoke about the importance of children having experiences and resources to help them learn about their own and other cultures. She also shared her experiences fighting legal battles with the clothes retailer Mango, when trademarking her business.

Many attendees reflected that they found Mana and Catherine's presentations hugely inspiring and highlighted the importance of representation and understanding and appreciating identity. A massive thank you to Mana and Catherine for sharing their experiences.

This was followed by a montage to celebrate prominent local Black figures, and time for open discussions and reflections. To view the montage slideshow, please <u>click here</u>.

The response to this was very positive, saying that it was inspiring to have a reminder about all the varied talents that we have in our communities, which can go unnoticed in the 'mainstream'.

Resources:

Mangotree Kids

<u>Daddyless Daughters Podcast</u>

## **BLM Review and Programme**



Our 'BLM: The Voice of SW' reflective discussion group have returned from a break and following a review of feedback and contributors including co-facilitators, the new programme is nearly ready for release!

Sessions this year included 'Language' and in February '22 we covered 'BAME - What do we as social workers, think about the use of this acronym?' which enabled excellent discussion. Actions participants intended to take with them included e.g. 'Using my platform to start and keep



the dialogue around race, privilege and oppression going in my organisation', 'Further research and sharing of the terms of cultural competence and cultural humility' and 'I have looked at the Race Disparity Unit website and will be sharing with my colleagues the link to the writing style guide' amongst other positive and thought provoking actions. The review was also shared at the Teaching Partnership Visioning Day where senior leaders acknowledged the importance of continuing these sessions.

New dates and subject areas have been identified, the first of which will be going ahead on Tuesday 5th July at 2pm - 3.30pm where we will be looking at anti-racist practice in social work organisations. Further details will of course be released so please do see <a href="the-programme">the-programme</a> and we hope to see you there.

#### **Practice Education Conference Update**



In the week of 16th - 20th May '22, **Kingston University** and those across our Teaching Partnership got together and delivered an online, deconstructed conference on all things 'Practice Education'. It was an opportunity for those involved in engaging and developing social work learners in the region and acknowledge their contributions to building learning communities.

The conference started with 'Learning and Reflections on PLE Feedback - 'What, why, how and when?' delivered by Josie Newton (Kingston University & Partnership Practice Consultant), Cheryl Kimber and Phil Ruthen, members of Kingston University 'People with Lived Experience' (PLE) group. The session included Cheryl and Phil's insights to obtain and support students to reflect on, meaningful feedback. Thank you Cheryl and Phil!

We were very lucky to have Millie Kerr (Anti-Racist Lead Practitioner, Brighton & Hove City Council) talk on 'Equality and the Role of Power in Practice Education' and then an extremely helpful session on 'NeuroDiversity in social work' by Deb Solomon (Social Worker with Adults, Chair of BASW Professionals with Neurodiversity Special Interest Group).

Dale van Graan, Carol Dicken and Jane Mathew-Byrne (Department of Social Work and Social Care, Kingston University) shared their insights of 'Learning From Quality Assurance of Practice Learning - 'What works? What could work better?" and finally we heard some helpful tips on 'Managing Anxiety and Emotions with Students' from Sharon Evans (Partnership Practice Consultant) and Dale van Graan.

We would like to thank everyone who was involved with this week long event and of course, those who attended! And you never know, next year could be in person, so we can acknowledge and celebrate everyone involved in the development of student social workers across the Teaching Partnership, face to face!

#### Julie's 'The Banham Marsden March'







Picture: Julie crossing the line in a fabulous time of 3 & ½ hours!

On Sunday 22nd May, Julie walked 5 miles raising a whopping £1055.00 for **The Royal Marsden Cancer Charity**. Join us in celebrating Julie's hard work and achievement, and if you fancy donating to the charity, you can still do so by visiting Julie's <u>Just Giving page</u>

Some may recognise Julie Turner, who is a Family Key Worker with the Children with Disabilities Services within Croydon Council. Julie is also a valued member of the 'Person with Lived Experience' (PLE) group, based within the social work department at Kingston University. PLE contribute to teaching, assessment and recruitment of student social workers to the University and feedback from students and lecturers alike, is always positive.

Julie has Cerebral Palsy which affects all of her four limbs and as a consequence, she can only walk short distances unaided. Combining a personalised fortnightly physiotherapy training programme which started in 2019 and her extra-curricular hard work and commitment, Julie not only achieved the 5 mile walk proudly smiling (!) but has increased her strength and confidence for her busy life. Julie's personal journey and 5 mile hike is inspirational - Well done Julie!

#### **Discounted Festival for Social Workers**



Our colleagues in the North East Social Work Alliance Teaching Partnership have worked their magic and organised a 20% discount for all qualified social workers purchasing tickets for **Lindisfarne Festival 1st - 4th September 2022!** 

To find out more about the Festival, and book tickets, head to <a href="https://lindisfarnefestival.com/">https://lindisfarnefestival.com/</a> and enter the code <a href="https://lindisfarnefestival.com/">NHS143922</a> when you check out.





#### Research in Practice Resources



Research in Practice is an organisation that brings together academic research, practice expertise and the experiences of people accessing services. We have been working with them to collate some of their open-access resources, which do not require membership to access!

#### **Resources**

- Loneliness and social connection: Good practice now and in the future - recorded webinar
- Social Work Organisational Resilience Diagnostic tool and workbook
- Ensuring children's life stories are at the centre of direct work - podcast
- <u>Tackling Child Exploitation Support Programme</u>

•

#### **Blogs**

- Developing resilience in North Yorkshire: how the Social Work Organisational Resilience Diagnostic (SWORD) has been used to support practice.
- No recourse to public funds
- Developing anti-racist practice in social work leadership
- •



#### Thank you for reading!

If you have any good news stories, examples of excellent practice, or helpful resources that you'd like to share, please send these through to us at: <a href="mailto:admin@developingtogetherswtp.org.uk">admin@developingtogetherswtp.org.uk</a>

We would also be grateful to receive comments or suggestions on the newsletter, including any topics you'd like to see covered in future editions.