

Newsletter | Issue 20 | Date: 9.11.22 |

Welcome to November's newsletter,

Autumn has arrived and we are preparing to start deicing our windscreens!

The TP Team has been very busy over the last few months, working on various existing initiatives and new projects. In October, we held one of our two annual <u>Celebrating Black Voices Events</u>, in honour of Black History Month, and it was wonderful to see so many people from across the partnership attend this event.

In September, the TP was granted funding for 3 new exciting Continuous Improvement Projects. You can read more about this year's successful projects on <u>page 11</u>. We are also preparing for two upcoming annual events, our <u>Wellbeing & Emotional Resilience in Social Work Conference</u> and our <u>Celebration Event & Awards Ceremony</u>.

So, before the TP Team contemplates some time off over the festive period, we have a lot to be getting on with!

We hope you enjoy the latest iteration of our newsletter.

The TP Team

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CPD Offer 2022-23



If you work for one of our primary partner agencies, you should book via the links in the Teaching Partnership's annual CPD Brochure - your Workforce Development Team can provide you with a copy, or you can email us at <u>admin@developingtogetherswtp.org.uk</u> for a copy directly. You can also <u>click here</u> to sign up for CPD Updates going forward.



Continuing Professional Development Offer April 2022 - March 2023

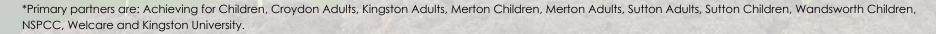
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Version 1:



COC

THE CPD STANDARDS OFFICE CPD PROVIDER: 32201



Training for External Colleagues - Practice Educator/Onsite Supervisor Provision



Individual Difference

Supporting Students with the Development of Professionalism

Report Writing

Assessing Against the PCF & SWE Standards

A Strengths Based Approach to Supporting Students' Development

Supervision Skills to Enable Reflection and Analysis

Promoting the Learning of Students using Direct Work Tools

Onsite Supervisor Training Programme

Practice Educator Refresher Training

<u>16 November 2022, 2 - 4:30pm</u> 1 December 2022, 2 - 4:30pm

<u>10 January 2023, 9:30am - 12noon</u> <u>23 January 2023, 9:30am - 12noon</u> 7 February 2023, 2 - 4:30pm

20 February 2023, 9:30am - 12:30pm 7 March 2023, 2 - 4:30pm

14 February, 1:30 - 4:30pm AND 22 February, 1:30 - 4:30pm AND 9 March, 10am - 1pm

29 November, 9:30am - 12:30pm

N.B. If you work for one of our primary or secondary partner agencies* or are part of the Central Bedfordshire Teaching Partnership, please do **not** use these links to book, instead you should book via the links in the Teaching Partnership's annual CPD Brochure - your Workforce Development Team can provide you with a copy, or you can email us <u>admin@developingtogetherswtp.org.uk</u>.

*Primary partners are: Achieving for Children, Croydon Adults, Kingston Adults, Merton Children, Merton Adults, Sutton Adults, Sutton Children, Wandsworth Children, NSPCC, Welcare and Kingston University.

*Secondary partners are: Croydon Children, Surrey Children and Richmond & Wandsworth Adults

Training for External Colleagues - General Provision



Attachment Theory – Putting it into Practice - 3.10.22, 9:30am - 12:30pm, Zoom Critical Analysis and Writing Analytical Assessments - 11.10.22, 1:30 - 4:30pm, Zoom Managing Complex Cases Within Your Team - 17.10.22, 9:30am - 4pm, Kingston University, Penrhyn Road Campus KSS Reflective Workshop - 22.11.22, 1:30 - 3:30pm, Zoom Social Graces Workshop - 24.11.22, 9.30am - 12.30pm, Zoom Emotional Resilience & Wellbeing in Social Work Conference - 25.11.22, 9:30am - 1:30pm, Kingston University, Penrhyn Road Campus

We now have a full brochure for external colleagues, which can be found here.

N.B. If you work for one of our primary partner agencies^{*} or are part of the Central Bedfordshire Teaching Partnership, please do **not** use these links to book, instead you should book via the links in the Teaching Partnership's annual CPD Brochure - your Workforce Development Team can provide you with a copy, or you can email us <u>admin@developingtogetherswtp.org.uk</u>.

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Free Webinar - Current thinking on hoarding behaviour



At this webinar, prompted by a recent judgment at the Court of Protection, two leading experts in their respective fields will be speaking about current thinking on hoarding behaviour.

Paul Salkovskis is Professor of Clinical Psychology at the University of Oxford and at Oxford Health NHS Foundation Trust. Paul's main area of research and clinical work is in the understanding and treatment of anxiety disorders in general, and more specifically in Obsessive Compulsive Disorder (OCD), Panic and Agoraphobia, and health anxiety. He has contributed to psychological understanding and treatment in all of these areas. Paul has been working on the understanding and treating of hoarding from the perspective of it being a "final common pathway" rather than a specific psychiatric disorder.

Tim Spencer-Lane is a lawyer specialising in mental capacity, mental health and social care law. At the Law Commission, Tim led the review of the Deprivation of Liberty Safeguards and adult social care law. He currently works for the Government Legal Department (DHSC) where he advises on mental health and mental capacity law and lectures at Kingston University on the best interests assessor and adult safeguarding courses.

Book via Eventbrite <u>here</u>.



Social Work England Registration Reminder and EDI Survey



It's that time of year again! Social workers must complete their Social Work England Registration by 30 November - click <u>here</u> to complete the process.

On 20 October 2022 The Teaching Partnership facilitated a session for social workers to hear from Social Work England. Part of their presentation explained why Social Work England are conducting an equality diversity and inclusion (EDI) survey. They are asking social workers to complete this voluntary survey on their online account because they want to conduct some research on whether certain groups of social workers are overrepresented in Fitness to Practice Hearings. You can find more information about why they are conducting this survey <u>here</u>.

During the session we also explored how to record examples of Continuing Professional Development (CPD), especially with reference to the peer reflection requirement which is new for this year. The Teaching Partnership are running a session for social workers to achieve their CPD Peer Reflection on 17.11.22 at 12 noon. Please sign up using the link in the CPD Brochure (contact us if you do not have a copy: admin@developingtogetherswtp.org.uk).



Kingston University's level 7 post qualifying Coaching and Mentoring module is open for new applications for a November 2022 start. The teaching commences on 25th November 2022 and concludes on 26th May 2023, with individual tutorials and assignment workshops taking place after the last teaching date.

This module is suitable for Health and Social Care colleagues, and aims to equip students to mentor, coach and assess colleagues at post-registration levels. It promotes critical evaluation of theoretical, professional and policy approaches to mentoring, coaching and holistic assessment of professional practice. The knowledge, understanding, values and skills necessary for mentoring and assessing professional practice in social work and related settings are examined. Students are assisted to develop strategies and techniques to enhance their skills in mentoring, coaching and assessment of professional colleagues in different contexts in practice settings. Students are required to mentor, coach and assess colleagues as part of the practicum for this module.

You can view and download the module guide <u>here</u>. Applications can be made on Kingston University's website <u>here</u>.

Developing Leadership Skills for Social Work and Social Care



Prof Wilson Muleya, Sue Lansley, Kelly Gittens and Debbie Ginsburg (IT support) worked on a 'fun' e-learning pilot to develop experience and understanding on the design and production of online units to inform Kingston University's strategy for future online delivery. They developed a unit, "Developing Leadership Skills for Social Work and Social Care" now available on the <u>FutureLearn platform</u>.

The team were supported by colleagues from the Social Work Teaching Partnership. A big thank you to:

- Richard Sammut, Rajiva Nurse and Robyn Akerman Kenny, Sutton
- Anna Holland and Sherma Charles, NSPCC
- Josie Newton, Social Work Teaching Partnership and Kingston University

Richard and Sherma shared valuable insights into the role of a social work manager and their journey into management. Rajiva and Robyn spoke about their role as a social worker and how this might differ from being a manager in social work and social care. They reflected on the course materials and how these may support them in their developing knowledge and skills to become a manager. Last but no means least, Anna and Josie showed off their wonderful acting skills by contributing to the role plays.





Annual 'Elf Day' at Kingston University



Come along on Thursday 1st December, 1 to 2.30pm, at the Business School room BS0026, Kingston Hill campus to support Elf Day and raise money for the Alzheimer's society. Dress up as an Elf, get in the Christmas spirit, and support this great cause!

Join in a Dementia Friends information session with Megan from the Alzheimer's society to develop your skills and knowledge in how to support people living with dementia from 1.15pm to 2.00pm.

Find out about local volunteering opportunities supporting people living with dementia. Help bake, buy, or sell cakes at the cake sale in the Business School Atrium from 11 am to 1pm to raise money! Or donate if you can at www.justgiving.com/Maria-Brent1

Contact Maria Brent, 'Chief Elf', @Dept Social Work and Social Care to find out how you can get involved: <u>m.brent@kingston.ac.uk</u>

Many thanks and good elf!









Continuous Improvement Projects





The Teaching Partnership has secured over £100,000 of additional government funding to deliver three new continuous improvement projects. You may recall we had a number of projects of this nature in 2021, which included the rollout of Trauma Informed Practice training to every qualified social worker working in our primary partner agencies, including all the social work academics at Kingston University, and the development and rollout of Wellbeing eLearning modules for Newly Qualified Social Workers.

This year, the projects we have been granted funding for are:

- 1. **Independent Clinical Supervision** we are offering all social workers working for primary partner agencies who are in their second or third year of practice access to individual or group supervision with an independent clinical psychologist. This will take place over a 6 month period, until March/April 2023, after which the impact will be evaluated and a decision made as to whether to extend this provision.
- 2. Autism Training we are developing and delivering new autism awareness training, tailored to social workers and developed by a team of experts in this field to support multi-disciplinary working and improved outcomes for children and families directly affected by autism.
- 3. **Practice Education Consultation & Strategy** we are working with Interface and 4 other Teaching Partnerships to hold 2 consultation events (one in the North and one in the South) to discuss the challenges facing practice education in social work and agree a way forward. The resulting strategy will be presented to the social work regulator with a call to action.

For more information, or to request a copy of our successful bids, please contact <u>admin@developingtogetherswtp.org.uk</u>

Emotional Resilience & Wellbeing in Social Work Conference

Our annual Emotional Resilience & Wellbeing in Social Work Conference takes place on the 25th November this year, to promote and encourage wellbeing and resilience in social work.

The day will have a selection of speakers and workshops to provide practical skills to help social care professionals develop and implement skills and techniques around emotional resilience and wellbeing.

This conference will be held face-to-face at Kingston University, Penrhyn Road Campus. To find out more and to book your free ticket, please <u>click here!</u>

N.B. This event is open to those working for/studying with primary partner agencies within this Social Work Teaching Partnership only: Achieving for Children, Croydon Adults, Kingston Adults, Merton Children, Merton Adults, Sutton Adults, Sutton Children, Wandsworth Children, NSPCC, Welcare and Kingston University.



TP Annual Social Work Awards & Celebration Event 7th December 2022





The TP Annual Social Work Awards are to recognise and celebrate the achievements of social workers within the Partnership and promote the work of those in the social work profession. Social work is one of the most demanding, yet misunderstood, professions. For every negative story that we read about, there are thousands of positive ones that remain unheard. This is a challenging and diverse sector and we believe that social workers should be recognised for all their hard work and dedication in helping to transform people's lives.

Do you know someone who deserves recognition for their excellent work?

If so, please nominate them using <u>this form</u> by 23:59 on 11th November 2022.

The list of categories and their descriptions can be found <u>here</u>.

N.B. These Awards are open to those working for/studying with primary partner agencies within this Social Work Teaching Partnership only: Achieving for Children, Croydon Adults, Kingston Adults, Merton Children, Merton Adults, Sutton Adults, Sutton Children, Wandsworth Children, NSPCC, Welcare and Kingston University.

PRIZES

The winner and special mention in each category will be presented with their award at a virtual ceremony on <u>7 December 2022,</u> <u>9:30am - 12:30pm</u>

Winner

- £50 Love2Shop voucher
- Certificate of achievement

Special Mention

- £25 Love2Shop voucher
- Certificate of achievement

Celebrating Black Voices Event





In October, we held our fourth Celebrating Black Voices event. The afternoon featured three incredibly inspiring presentations from: Alison Burton and Natalie Duvall, the two co-founders and Directors of March Muses; Sherma Charles, Team Manager at the NSPCC; and Vanessa Boachie, founder and Director of Inside Out Wellbeing.

Those who attended were extremely positive about the event, with many commenting that it was 'brilliant', 'inspiring', 'powerful', 'informative' and 'thought provoking'.

A huge thank you to all of our brilliant presenters, and to our own Josie Newton who chaired and opened the event. A big thank you also to everyone who attended and gave such lovely feedback, and to those such as a local councillor who got involved. It sends a powerful message when those in senior positions make the effort to spread the important message to support and champion diverse voices.

For the full write up and all resources, please visit the <u>news story</u> on our website.





This year International Men's Day takes place on 19th November 2022. There are three core themes:

- Making a positive difference to the wellbeing and lives of men and boys
- Raising awareness and/or funds for charities supporting men and boys' wellbeing
- Promoting a positive conversation about men, manhood and masculinity

These core themes help to address some of the issues that affect men and boys, such as:

- The high male suicide rate
- Men's health (including male cancers), shorter life expectancy and workplace deaths
- The challenges faced by the most marginalised men and boys in society, for instance homeless men, boys in care, school exclusions and the high rate of male deaths in custody.
- The challenges faced by men as parents, particularly new fathers and separated fathers.

International Men's Day is a global day of observance held every year around the world. It invites people everywhere in the world to come together to support and celebrate men and boys in all their diversity.







In November the community pays homage to members of the armed services who have given their lives in any armed conflict in recent history. Remembrance Sunday is 13th November 2022. It is always the nearest Sunday to 11th November which was the original Armistice day following the end of the first world war. We should take time to remember all people across the world who have been lost to war and conflict and hope for peace and comfort for all people affected across the world.

The Royal British Legion sell poppies to raise funds to support veterans and their families who are experiencing hardship. This includes debt advice, advice and support for families who are homeless or at risk of becoming homeless. They also provide dementia care in residential settings and in the community. The poppy appeal helps to fund the charity's work.



Awareness Events



This November there are a number of national days, which are dedicated to wellbeing, kindness and mental health. As a Teaching Partnership, we are taking our own well-being and self-care seriously, as well as actively trying to spread kindness. Please have a look at some of the the resources below, to see how you can too!



World Kindness Day

2nd November: National Stress Awareness Day

National Stress Awareness Day was set up by the International Stress Management Association, to increase public awareness and help people recognize, manage, and reduce stress in their personal and professional lives. Stress is an extremely common response faced by millions of people around the UK. While it isn't a mental health problem in itself, prolonged periods of stress can have a negative impact on your health and wellbeing and lead to burnout. The day is celebrated mid-week to remind individuals and companies that stress management is fundamental to optimum performance. Stress can have profound effects on your working life but there are lots of things that you can do to manage your stress before it becomes a problem.

To access some comprehensive guides for people to monitor stress management, look after their health and well-being, and improve their workplace performance on a day-to-day basis, <u>click here</u>

13th November: World Kindness Day

World Kindness Day is a global day that promotes the importance of being kind to each other, to yourself, and to the world. The purpose of this day is to help everyone understand that compassion for others is what binds us all together.

Please visit <u>Kindness UK</u> for ideas on how you can spread kindness today.



14th - 18th November: Anti-Bullying Week

Anti-Bullying Week aims to raise awareness of bullying and highlight ways of preventing and responding to it in schools and workplaces. This includes knowing what steps to take if someone is being bullied, how to deal with anyone who bullies and taking bullying seriously because of the long-term impact it can have on self-esteem as well as mental health and wellbeing. The theme for this year is 'Reach Out', meaning to address bullying when you see it, and to reach out if you are in need of help.

Please visit <u>Bullying UK for useful</u> resources on how to manage bullying in the workplace.



Thank you for reading!

If you have any good news stories, examples of excellent practice, or helpful resources that you'd like to share, please send these through to us at: admin@developingtogetherswtp.org.uk

We would also be grateful to receive comments or suggestions on the newsletter, including any topics you'd like to see covered in future editions.